



SHERECOVERS®
FOUNDATION
Sharing Circle

SHE RECOVERS® Sharing Circles are intended for women and non-binary individuals—who are in or seeking recovery—to connect, learn, heal and share within a group of like-hearted individuals.

These local community circles of support are recovery-focused, free to attend and voluntarily facilitated by a SHE RECOVERS Certified Professional. All races, sexual orientations, and all those differences of life situations, backgrounds and abilities are welcome.

THE FACILITATOR

ABOUT SHE RECOVERS

SHE RECOVERS® Foundation is a 501(c)(3) non-profit public charity with a growing and evolving community of more than 325,000 women in or seeking recovery from substance use disorders, other mental health issues and/or life challenges. Its mission is to inspire hope, reduce stigma and empower women to increase their recovery capital, heal themselves, and help other women to do the same.

FOR MORE INFORMATION

SHE RECOVERS Sharing Circles are facilitated by trained volunteer professionals but are not a replacement for therapy, treatment, or medical care.

We are *all* **RECOVERING** from something.

You don't have to recover alone. | sherecovers.org | SHE RECOVERS® Foundation